



EASTORE



Azuma Bexta

Azuma cushioned football/hocket boots provide a lightweight unique cushioning system with a full cushioning through the heel and forefront for support and comfort. This together with a new moulded patterned sole allows extreme grip on hard grounds that distributes the body weight evenly and provides maximum foot comfort creating the superior boot for general conditions where performance and comfort are demanded.

AU\$120.00

Footwear available in sizes 4 – 14



Azuma Warrior

The latest state of the art performance footwear. With the patented stability bar technology and the latest lightweight mesh upper for the greater support and comfort.

AU\$120.00

Footwear available in sizes 4 – 14



Azuma GS FIRE

Azuma football boots provide a lightweight unique cushioning system with a cush pad in the heel and sole support for added support and extra comfort. This together with a blade system that distributes the body weight evenly and provides a superior grip on all surfaces created the ultimate boot for ultimate performance.

AU\$120.00

Footwear available in sizes 4 – 14



Azuma GS ICE

Azuma football boots provide a lightweight unique cushioning system with a cush pad in the heel and sole support for added support and extra comfort. This together with a blade system that distributes the body weight evenly and provides a superior grip on all surfaces created the ultimate boot for ultimate performance.

Footwear available in sizes 4 – 14



Azuma Accra Orange

An advanced high mileage running shoes. The superior flex grooves in the sole provide a greater flexibility at toe off. A great all round shoe.

Footwear available in sizes 4 – 14



Azuma Accra Blue

An advanced high mileage running shoe. The superior flex grooves in the sole provide a greater flexibility at toe off. A great all round shoe.

Footwear available in sizes 4 – 14



Compression Tights (Full Length)

Full Length Lycra Pant suitable for training, with extensive studies revealing that in the same environmental conditions a lower energy cost is obtained at a submaximal exercise intensity by wearing compression tights compared to conventional shorts. Wearing compression tights during running exercise may enhance overall circulation and decrease muscle oscillations to promote a lower energy expenditure at a given submaximal speed (i.e. lessening muscle fatigue).

AU\$65.00

S - XL

Compression Vest (Sleeveless)

AU\$ To be confirmed

S - XL

Eastern Football League Inc ABN:30 466 151 731

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Compression Vest (Long Sleeve)

AU\$65.00
S - XL



Coeshorts

Coeshorts are the first compression short specifically designed to assist the lower abdominal, pelvic, and hip areas. Its patented Core Activation System helps to protect the groin area by providing anatomical and functional support to the core area, while also providing compression, through a diagonal elastics cross from the hip to the opposite mid thigh-duplicated on both front and back, also waist area is circumferential providing pelvic compression, tension is created for both unidirectional and multidirectional movements.

AU\$160.00
S - XL



ADEO GPS Fitness Trainer

Adeo is the first handheld GPS device that talks to you in real-time about speed, distance, time, elevation, calories burned and more. Download update routine and acquire GPS signal, and start workout. Fully customisable, so you hear as little or as much as you like. Software allows comparison/sharing of current/pas/planned workouts and maps to Google Earth. 75% of runners listen to music and need motivation when running outdoors. Adeo adds to this experience by interspersing workout updates over music. Also works without MP3 player. Multi-sport product.

AU\$199.00



Power Breathe Respiratory Exerciser

Power Breathe is a respiratory exerciser that was developed by a Team of scientists in the UK to improve breathing. Improves inspiratory muscle strength by an average of 11% in just 3 weeks. It uses the principles of resistance training to increase the strength and endurance of your breathing muscles. Easy to use and time effective. 30 breathes (3 minutes) x 2 times per day. It reduces blood lactate levels during exercise, and reduces symptoms of Asthma during exercise. Improved efficiency of exercise at high heart rate. Increased Inspiratory muscle strength. Excellent for sport teams. Suitable for athletes with Asthma.

AU\$119.00



X-Vest

Weight vest for exercise. Sponge padded lining for comfort. Available in small, medium, large and extra large. Designed to increase the intensity of any exercise workout session. Ideal for Sports Performance. Increases calories burned during exercise by 30% and reduces time required to exercise. Used for jogging. Each vest supplied with 8 x 0.5kg weight blocks. Fits up to 16 of the 0.5kg weight blocks.

AU\$199.00



8M Outdoor Ladder

The ladder sets the standard for speed and agility training, it separates into four 2 metre sections allowing people to easily manipulate training volume. The different colours of the ladder are greatly for enhancing peripheral vision and reaction speed, especially when the ladder is placed in a cross formation. The ladder is portable and looks great when warming up before the match.

AU\$90.00

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Heart Rate Monitor (Fusion 10)

Hi Low Target Zone with audible and Visual alarm. Time (12/24) with daily alarm and calendar. Backlight. Simple to use with dedicated HR ON and OFF button. Audible and visual training zone indicator. No cross talk from other monitors, good option for training in groups. Want to know your aerobic capacity or athletic performance, exercise in the aerobic zone which is 70-80 percent of maximum heart rate.

AU\$109.00



Heart Rate Monitor (Fusion 30)

Auto Heart Recovery Rate is one of the best indicators of your fitness level. Heart rate recovery is a measurement of how much the heart rate falls during the first minute after peak exercise. The fitter a person's heart is, the quicker it returns to its normal beat. Time in Target Zone reduces chance of under or over training. Includes advances timer, autoheart rate recovery, and time in zone functions.

AU\$199.00



Power Speed Resistor

An easy fun and inexpensive way to develop explosive speed. Our speed resistors are lightweight, portable and can be used in all directions.

AU\$26.00



XLR8 Strength Bag (5kg)

The next generation in strength bags, all the benefits of Powerbags with hundreds more exercise options. Traditional Barbell Grips on one side of bag. Suitcase Grip on other side of bag. Farmers Walk Grip on Top of Bag. Use the XLR8 Strength bag for Strongman Carries, Rotational Movements, Dumbbell movements, Traditional resistance exercises, Core Stability, Medicine Ball activities, Weighted plyometrics, Speed and Agility. Available in variety of weights and various prices.

AU\$84.00



Accelerade Energy Powder Drink

Accelerade is the most significant advance in sports drink research in 35 years. Developed by leading exercise physiologists, Accelerade is the first sports drink that provides rapid hydration plus the added benefits of all natural protein to re-energise muscles during exercise and help muscles recover faster after exercise. Only Accelerade contains the patented 4-1 ratio of carbohydrates to protein to speed the movement of carbohydrate energy to muscles. Studies at leading sports science labs show that protein-powered Accelerade extends endurance up to 24% compared to a conventional sports drink and up to 57% compared to water. If you're serious about your exercise, advance to Accelerade.

AU\$65.00



Musashi Creatine Monohydrate Nutrition

Creatine phosphate will replenish levels of ATP in muscle when stores have been depleted during exercise. It is used to enhance performance and has been shown to improve short term or intermittent, high intensity exercise performance.

AU\$57.00



Musashi Protein Powder Chocolate Flavour

P40 protein blend contains Aminos, EFAs, Vitamins and Minerals. Can be used in place of a meal or for those looking for muscle gain. Available in delicious icecream flavours.

AU\$200.00

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Musashi Electrolyte Powder Lemon/Lime Flavour

Electrolyte Replacement Formula is designed to be mixed up as a fluid, electrolyte and nutrient replacement both during and after exercise.

AU\$63.00



Mushashi Muscle Recovery

Muscle Recovery capsules contain pure branched-chain amino acids, which may help decrease muscle protein breakdown during heavy exercise.

AU\$27.50



Premax Sport Heat Cream

Premax Sport contains the perfect balance of the "heating" ingredients Wintergreen and Menthol. The cream has the same texture of Premax Original, but leaves the treated area feeling warm. There is no other product in Australia like Premax Sport. There are heat rubs, and massage creams, but nothing other than Premax Sport combines the two. Therapists can now "treat and heat". Premax Sport is ideal for preparing athletes and active people for training or competition: treatment during training or competition: or clinical treatment when warmth is required.

AU\$20.00



Premax Original Massage Cream

Premax Original combines beeswax, Aloe Vera, Vitamin E and essential oils Lavender, Peppermint and Coconut. The cream has a moderate resistance allowing the therapist to "gain traction" to the treated area, perfect for sports massage, deep tissue massage, myofascial techniques, acupressure, and frictions. Premax Original is best suited to small to medium size treatment areas such as calf, hamstring, neck or quadriceps.

AU\$17.00



Ice Massager Portable

Ice Massager offers deep tissue relief for ligament, tendon and muscular injuries. Experience the benefits of direct active ice massage. Effective treatments in 5-7 minutes versus 15-20 for passive ice packs. Quick deep tissue relief for ligament, tendon and muscular injuries. Immediate ice massage increases treatment effectiveness, speeds recovery.

AU\$30.75



Blist-O-Ban

Blisto-O-Ban is designed for high performance use. It is designed to relieve the friction on your skin. Skin that is oily, sweaty or contains lotions will cause the product to loosen more quickly. For optimal use, the product must be applied to clean, dry skin with easy to follow instructions contained on the packaging.

AU\$14.20

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